



ADVANCED BRAIN — & Memory Center

Dr. Kate Diasamidze, PsyD

Licensed Clinical Neuropsychologist / Psychologist

California License: PSY #36132



Dr. Kate Diasamidze, PsyD



Driven by a passion for brain health and mental wellness, Dr. Kate Diasamidze founded the Advanced Brain & Memory Center to expand access to specialized neuropsychological care and provide integrated, patient centered services to her community. She is a licensed Clinical Neuropsychologist and Psychologist with advanced expertise in neuropsychological assessment, cognitive rehabilitation, and evidence based psychological treatment for adults and older adults. Dr. Diasamidze works collaboratively with patients, families, and medical providers to support diagnostic clarity, effective treatment planning, and long-term brain and emotional health.

Dr. Diasamidze provides comprehensive neuropsychological and psychological evaluations for a wide range of neurological, medical, and psychiatric conditions, including dementia and Alzheimer's disease, traumatic brain injury (TBI), attention and learning disorders, depression, bipolar disorder, PTSD, and other mood, anxiety, and trauma-related conditions. Her evaluations are individualized, clinically rigorous, and designed to translate complex findings into clear, practical recommendations that inform care across medical and behavioral health settings.

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She is also the founder and clinical lead of a manualized cognitive remediation and brain rehabilitation program, developed to support cognitive recovery, brain optimization, and overall mental wellness following neurological illness, injury, or cognitive change. This structured, evidence-informed program integrates targeted cognitive training, compensatory strategies, and psychological support to enhance functioning and quality of life.

In addition to assessment and rehabilitation, Dr. Diasamidze provides evidence based psychotherapy for individuals experiencing depression, PTSD, bipolar disorder, anxiety, trauma-related conditions, and sleep disturbances, utilizing approaches including Cognitive Behavioral Therapy (CBT), CBT for Insomnia (CBT-I), Dialectical Behavior Therapy (DBT), and Cognitive Processing Therapy (CPT).

Dr. Diasamidze is known for her thoughtful, collaborative, and patient-centered approach, helping patients and caregivers feel informed, supported, and empowered throughout the evaluation and treatment process.

A modern, bright clinical psychology office. Large floor-to-ceiling windows on the left offer a view of a city and greenery. The room is furnished with light-colored armchairs and a low wooden coffee table. A reception desk with a curved front is on the right, where a staff member is working on a laptop. A large, stylized brain graphic is mounted on the wall behind the desk. The overall atmosphere is clean, professional, and welcoming.

Clinical Neuropsychology Services

Neuropsychological & Psychological Assessment

Memory loss, cognitive decline, dementia, and Alzheimer's disease

- Traumatic brain injury (concussion through moderate/severe TBI)
- ADHD, learning disorders, and executive functioning concerns
- Depression, bipolar disorder, PTSD, and other mood or trauma-related conditions
- Diagnostic clarification and treatment planning

Cognitive Rehabilitation & Brain Health

- Cognitive remediation and brain rehabilitation
- Post-injury and post-illness cognitive recovery
- Brain optimization and cognitive training
- Compensatory strategies and caregiver education



Evidence-Based Psychotherapy

- Treatment for depression, PTSD, bipolar disorder, anxiety, trauma, and sleep disorders
- Cognitive Behavioral Therapy (CBT)
- CBT for Insomnia (CBT-I)
- Dialectical Behavior Therapy (DBT)
- Cognitive Processing Therapy (CPT)





(310) 565-9225 ext. 100
DrKateD@advancedbrainmemory.com
advancedbraincenter.com